

OMB APPROVAL	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

1. Name and Address of Reporting Person* <u>Valentine Keith</u>			2. Issuer Name and Ticker or Trading Symbol <u>SeaSpine Holdings Corp [SPNE]</u>			5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) Chief Executive Officer		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) <u>12/31/2020</u>			6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person Form filed by More than One Reporting Person		
C/O SEASPINE HOLDINGS CORPORATION 5770 ARMADA DRIVE			4. If Amendment, Date of Original Filed (Month/Day/Year)					
(Street)	CA	92008						
(City)	(State)	(Zip)						

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	12/31/2020		J ⁽¹⁾		1,058	A	\$8.92 ⁽²⁾	280,865	D	
Common Stock	01/01/2021		M		27,428	A	⁽³⁾	308,293	D	
Common Stock	01/01/2021		M		7,788	A	⁽³⁾	316,081	D	
Common Stock	01/01/2021		M		12,183	A	⁽³⁾	328,264	D	
Common Stock	01/01/2021		F		25,450 ⁽⁴⁾	D	\$17.45	302,814	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Units	⁽³⁾	01/01/2021		M			27,428	⁽⁵⁾	⁽⁵⁾	Common Stock	27,428	\$0	0	D	
Restricted Stock Units	⁽³⁾	01/01/2021		M			7,788	⁽⁶⁾	⁽⁶⁾	Common Stock	7,788	\$0	7,789	D	
Restricted Stock Units	⁽³⁾	01/01/2021		M			12,183	⁽⁷⁾	⁽⁷⁾	Common Stock	12,183	\$0	24,366	D	

Explanation of Responses:

- These shares were acquired under the issuer's 2015 Employee Stock Purchase Plan (the "ESPP") in a transaction that was exempt under Rule 16b-3(c).
- In accordance with the ESPP, these shares were purchased based on 85% of the closing price of the issuer's common stock on July 1, 2020.
- Each restricted stock unit represents a contingent right to receive one share of the issuer's common stock.
- These shares were withheld by the issuer to satisfy statutory tax withholding requirements on vesting of restricted stock units that occurred on January 1, 2021. No shares were sold in connection with this transaction.
- The reporting person was granted 82,284 restricted stock units on March 5, 2018, which vest in three equal installments on each of January 1, 2019, 2020 and 2021.
- The reporting person was granted 23,365 restricted stock units on January 1, 2019, which vest in three equal installments on each of January 1, 2020, 2021, and 2022.
- The reporting person was granted 36,549 restricted stock units on January 1, 2020, which vest in three equal installments on each of January 1, 2021, 2022, and 2023.

Remarks:

/s/ Paul Benny, Attorney-in-Fact for Keith C. Valentine

01/05/2021

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.